

# Help Prevent COVID-19 with Social Distancing



Video-chat with friends and family.



Stay home as much as you can.

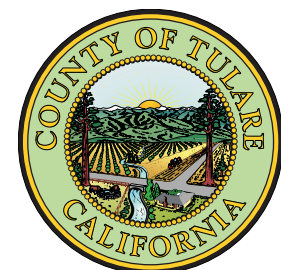


Only go out for essentials.



Continue to wash your hands frequently.

#TCCOVID19



**HHSA**  
Public Health

[www.tchhsa.org](http://www.tchhsa.org)