## Protect Yourself While Working in Agriculture

- Avoid sharing personal items with coworkers
- Sneeze or cough into a tissue
- Keep a minimum distance of 6 feet from other coworkers when possible (social distancing), including daily work and lunchtime
- Wash/sanitize your hands multiple times daily (including before and after work, breaks, eating, and use of toilet facilities)
- Keep hands from mouth, nose, and eyes
- Reduce meetings and group gathering, remember to practice social distancing

