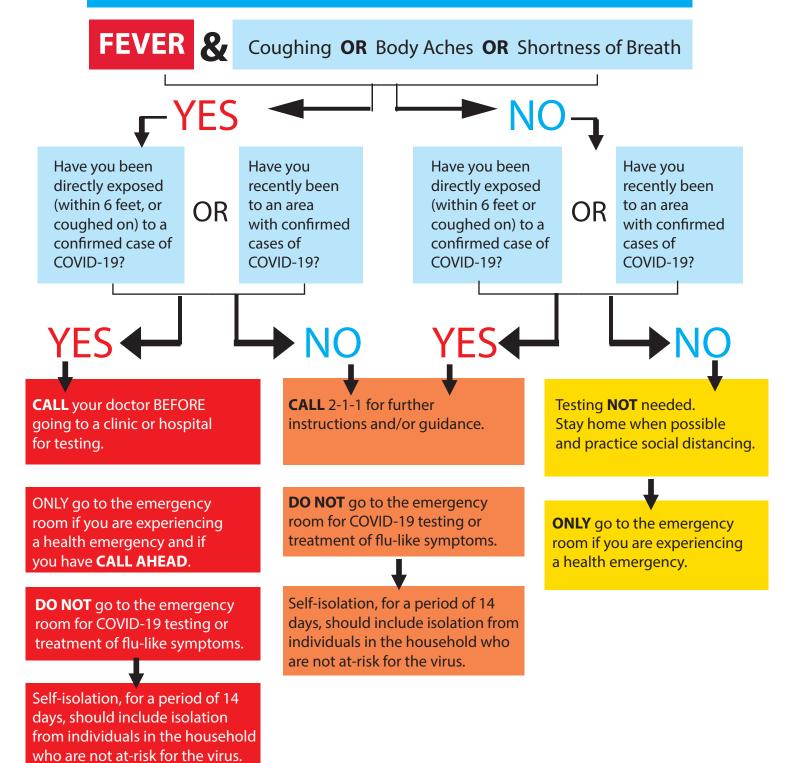
DO YOU HAVE FLU-LIKE SYMPTOMS?



Practice heightened hygiene standards.

WASH YOUR HANDS regularly and always after public exposure or contact. 20 seconds of handwashing (sing happy birthday twice) is required for effective cleansing of COVID-19. If soap and water is unavailable, hand sanitizer with a minimum 60% alcohol content is the next best thing.

PRACTICE SOCIAL DISTANCING.

Keep your distance from others, avoid shaking hands, and take care to avoid public surfaces and objects, such as in public bathrooms



AVOID LARGE GATHERINGS

where possible. Gatherings of over 10 people especially should be reconsidered while the spread of the virus is being assessed.

3/2020